

Experiencing anxiety, grief, depression or uncertainty due to COVID-19?

During a crisis, talk to people you can trust. We at Amistad take pride in our ability to provide quality, affordable health care services to all members of our community, especially when they need it most.



HOTLINE AVAILABLE
361-886-3050

During a Crisis, Talk to People You Can Trust

Are you experiencing anxiety, grief, depression, anger, or stress during the current COVID-19 public health emergency? During uncertain times, it is normal to feel anxious and worried, and it can be difficult to know what to do. ***We are here for you.*** Meet with one of our experienced counselors, in person or virtually, to help you develop a plan for managing your emotions and dealing with this crisis.



Convenient

No need to leave home! Video calling from your phone, tablet or computer is available to connect with you where ever you may be.



Specialties Available

Counseling and Psychiatry services available based on your needs.



Insurance Approved

Virtual visits are now covered by most insurances, Medicaid and Medicare!



Hours Of Operation

- Monday - Thursday : 8 am - 9 pm
- Friday: 8 am - 5 pm
- Saturday: 9 am - 2 pm

Other Services Available:

- Internal Medicine
- Family Medicine and Prevention
- Pediatrics
- **Counseling**