

Articles from AgingCare

[Tips for Reducing Loneliness in Elders Around the Holidays](#)

The holiday season is supposed to be an uplifting time of year, however many seniors feel increasingly isolated and unhappy during this season of celebrations, and elders can have an especially hard time.

[How to Help a Senior Manage Multiple Medications](#)

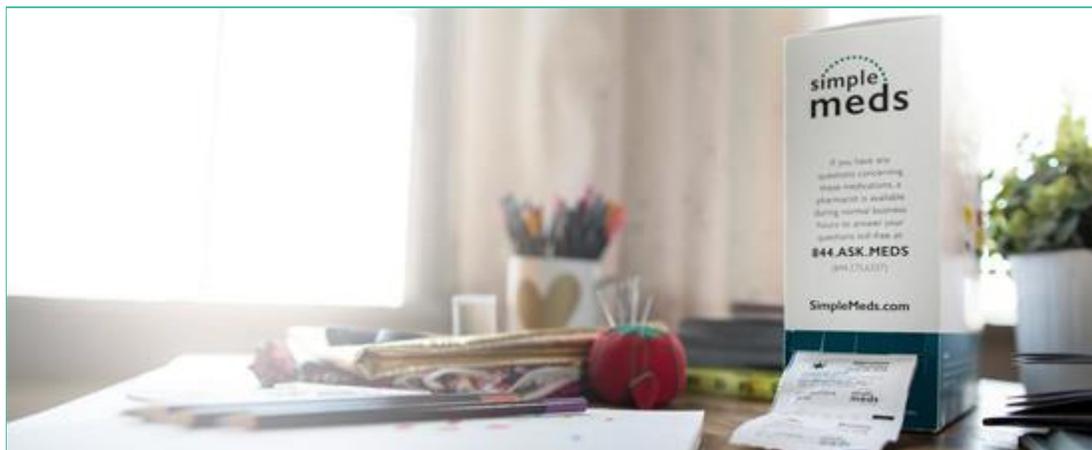
Elders who take several medications are at an increased risk for prescription drug misuse, but there are ways to help an aging loved one avoid health issues caused by medication side effects, skipped doses and doubled doses.

[Hallucinations, Delusions and Paranoia Related to Dementia](#)

Learn the differences between these three common dementia-related behaviors and the best techniques for how to respond to them.

[How to Take a 'Vacation' From a Long-Term Care Facility](#)

The specific rules that govern non-medical leave from a skilled nursing facility depend on how a senior's care is being paid for. Avoid costly mistakes by learning about the bed hold policies nursing homes put in place.



[Simple Meds | Easy Pharmacy Delivery](#)

"It's comforting to know your team cares about my wellbeing and I can trust you as my pharmacy partner." Discover how we can simplify your medication management.

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Questions and Discussion from Caregivers

Q: Wife with Alzheimer's is okay to be left alone for several hours between meals but she calls me on cell constantly! Help!

Hiring someone to stay with her has not been successful. I'm unraveling and don't know where to turn.

Q: How do I tell my manipulating, emotionally abusive, 83 year old mother, I won't tolerate it anymore?

How should I start and state my point?

Q: Anyone dealing with aging/declining parents thousands of miles away who don't want to move (and you don't want to visit)?

Have you chosen not to visit your far away parents because they stay in a situation you don't like and think is unsafe? They are indignant and stubborn about the question of moving. Have you convinced them to move?

Q: How do I secure the garage door? My dad has dementia.

I have secured all other exits in case of wandering, but don't know how to secure the garage door. Please help.



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Helpful Elder Care Resources from our Partners

Our goal is to connect aging adults and their caregivers with the support and services they need.

[Get your FREE Funeral Planning Guide](#)

Have a plan in place to ensure all of your wishes are fulfilled. Get a free Funeral Planning Guide to plan a meaningful memorial.

[Throw Out That Pill Box!](#)

Simple Meds organizes your medications into single-dose packets and delivers right to your door. Learn more about how Simple Meds can take the confusion and hassle out of medication management at no extra cost to you.

[Get a Medical Alert System](#)

Don't wait for an emergency! Get the "Get Help if you Fall" Medical Alert System. Make the decision that provides confidence, security and safety.

[Making Senior Housing Decisions?](#)

Have an expert care advisor provide you with pricing information and a list of services for communities available in your area. Our FREE service helps families find the best senior housing options.

[Considering in-home care?](#)

Our home care referral program assists families in finding in-home care services. A care advisor will assess your needs and assist in arranging FREE in-home consultations with local agencies.

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